

PG-724**MCP-14**

M.Sc. DEGREE/PGDCP EXAMINATION —
JANUARY, 2009.

First Year

COUNSELLING AND PSYCHOTHERAPY AND
COUNSELLING AND HEALTH PSYCHOLOGY

Time : 3 hours

Maximum marks : 75

Answer for 5 marks questions should not exceed
2 pages.

Answer for 15 marks questions should not exceed
5 pages.

PART A — (3 × 5 = 15 marks)

Answer any THREE questions.

1. What is transference?
2. Explain about career counselling.
3. What is Transactional Counselling?
4. Explain about stress related disorders.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

5. Explain about various theories of counselling.
 6. What are the indications of counselling in health care?
 7. What are the types of stress? Explain the methods of coping the stress.
 8. Write about the importance of counselling in promoting positive Mental Health.
 9. What are the Psychological method of counselling for cancer patients?
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