

PG-544	MCP-14
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M.Sc. DEGREE EXAMINATION – JUNE 2008.

Counselling and Psychotherapy

COUNSELLING AND HEALTH PSYCHOLOGY

Time : 3 hours

Maximum marks : 75

Answer for 5 marks questions should
not exceed 2 pages.

Answer for 15 marks questions should
not exceed 5 pages.

PART A — (3 × 5 = 15 marks)

Answer any THREE questions.

1. What are the aims of counselling?
2. Explain Gestalt counselling.
3. Discuss about Gate theory of pain.
4. What is the difference between counselling and guidance.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

5. What is counselling? What are the different approaches to counselling?
 6. Write in detail about the role of counselling in medical settings.
 7. What are the components of communication skills in counselling?
 8. What is the psychology of pain? Write in details about the methods of pain assessment and management.
 9. Describe the lifestyle risk factors.
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