

SOME TIPS FOR PREPARATION OF GPAT, NIPER JEE

- Don't have friendship with your mobile.
- **Never get anything into mind other than what is your goal.**
- Just think for a while have some peace of mind and only start the studies.
- **When you go for sleep think about whole day.** What you learn today, then close your eyes and think one by one. At one point u think that i forget something about a particular chapter which i learn today then see your register/copy on next morning and learn the points which u forgot.
- Have good sleep when ever u r sleepy. Don't think i should complete this chapter and only sleep.
- **You are hostellers or day scholars whatever you learn, then discuss these topics in your groups/friend circle. Because whenever you go for discussion on any topic you never forget that particular topic/chapter.**
- Whenever you feel Sleepy in day time, drink cold water and walk for few minutes then start study.
- Some student makes their schedule like... They pick one subject and complete it all then go for next subjects. Some pick all subjects simultaneously. We think this strategy depends on the students but second one is more effective according to our experience because some time only one subject takes around 10 day so some time it's boring to learn one subject for such a long time.
- **Revision is very important;** make your schedule like this that you revise previous learn chapters.
- Whenever you read any chapter write important points on the top of page of your copy/register, make these points memory tip results (MTP'S).
- **Whenever you start preparation read pharmacology and medicinal chemistry simultaneously.**
- **Revise all charts, flow diagram & tables and kept it in mind all time.**
- Find some topic from which one question is always asked in previous year examinations. So prepare these topics with extra effort.
- **Solve more and more questions.** Make your rhythm to solve calculation type questions so you get your speed.

