

BSc Nursing Course Outline

Academic program is directed toward upgrading of critical thinking skills, competencies and standards required for practice of professional nursing and midwifery through problem based learning. Emphasis is given towards capacity building in the domains of clinical nursing, first level management, nursing education and in nursing research.

Clinical training is imparted to the students from first year onwards in both the programs. Practical experience in nursing laboratory/hospital/ community is correlated with theory. It is mandatory for a student to attend the specific clinical field by rotation. To build up strong clinical skills students are placed at various health facilities including our own Central Referral Hospital, Govt. run STNM Hospital, and at Rural & Urban health centres of Sikkim. Short observational visits also arranged for first-hand experience to other special health facilities.

There is an university examination at the end of each academic year. After successful completion of the programs, graduates assume responsibilities as professional, competent nurse and midwife in providing promotive, preventive, curative and rehabilitative services. The graduates take independent decisions in nursing situations & facilitate individuals and groups in maintaining health.

First Year: Nursing Foundations, Anatomy, Physiology, Nutrition, Biochemistry, Microbiology, Psychology, English and Introduction to Computers.

Second Year: Pharmacology, Pathology & Genetics, Medical-Surgical Nursing I, Community Health Nursing I, Communication & Educational Technology, Sociology.

Third Year: Medical-Surgical Nursing II, Child Health Nursing, Mental Health Nursing, Midwifery and Obstetrical Nursing.

Fourth Year: Midwifery and Obstetrical Nursing, Community Health Nursing II Nursing Research & Statistics, Management of Nursing Services & Ed.

Teaching methodology

Theory

- Classroom Lectures/Discussion with latest AV aids
- Symposium
- Seminar
- Workshop
- Written assignments

Practical

- Problem based learning
- Demonstration by the teacher
- Return demonstration by the students
- Bedside clinical teaching
- Case study, Case Presentation, Nursing care plan
- Group Project
- Research Project
- Panel discussion
- Incidental teaching