

INSTRUCTIONS FOR CANDIDATES APPEARING IN SSB

1. Candidates are to report at the concerned Railway Station before 1430 hrs on the reporting date. A representative from the SSB will be present at the railway station for reception. In case of any difficulty contact the MCO office of Bhopal / Bangalore / Coimbatore railway station.
2. If you are appearing SSB for the first time, then second class rail fare (to & fro) will be refunded on production of tickets.
3. Bring following for attending the SSB:-
 - (a) Original Matric, BE/B tech degree certificate/ mark sheet.
 - (b) Ten passport size un-attested photographs.
 - (c) One pair white PT shoes, two pairs each white socks, white shorts, white T-shirts and two pairs of formal trousers & shirts (any sober colour).
 - (d) Copy of the telegram/ print out of the relevant webpage.
 - (e) Risk certificate duly signed by parent/guardian to state "candidate (name) attending SSB with parent's/guardian's consent and at his own risk. Parent/guardian is not entitled to claim any compensation or relief from government for injury sustained during SSB interview".
4. Change of SSB dates will be allowed only in exceptional cases and change of venue is not allowed. The change of SSB dates is granted only by the call up officer / office of the concerned SSB i.e. Bhopal/ Bangalore / Coimbatore. The candidates are required to fax their application for change of dates to the concerned call-up officer/ SSB. The details of call up office are as follows:-
 - (a) Call up officer Bhopal - 0755 – 2730692 /2735980
 - (b) Call up officer Bangalore - 080- 25587267 / 25587883
 - (c) Call up officer Coimbatore - 0422-2325957 /
Toll free no -1800-425-4599
5. For any further query, contact IHQ-MOD (N)/DMPR at 011-23010151/23011282/23010097.

SCHEDULE AT SSB

The SSBs have at five days testing schedule, the candidates have to report one day earlier by afternoon. In the afternoon/evening, they are briefed on detailed schedule of the next five days, code of conduct and are briefed on detailed schedule of the next five days, code of conduct and are required to complete documentation including verification of required certificates for age/educational qualification. Details of testing are as under:-

- (a) **Day-I (Stage-I).** Stage one selection system includes the following:-
- (i) **Intelligence Test.**
 - (ii) **Picture Perception and Description Test (PDPT):** Picture is flashed for 30 Seconds. The candidate have to broadly note down seven basic parameters viz number of characters, age, sex, mood, action relating to past, present and future for each character in one minute.
 - (iii) **Discussion of the Picture – 30 Minutes.** In this phase batch is divided into different groups. Strength of group is around 15 candidates. Each candidate narrates his individual written story verbatim. Subsequently, in Part –II all the candidates have to come to discuss amongst themselves and achieve a common consensus about the characters and theme of the story. Once all candidates have undergone this stage the results for stage one testing are declared. Successful candidates are retained for stage – II testing and the balance are asked to leave after a short brief on general shortcomings.
- (b) **Day -2 (Stage-II).** Psychological Tests include the following:-
- (i) **Thematic Apperception Test (TAT).** 12 Pictures including one blank are shown for 30 sec each. Candidates are asked to write a story around what led to the situation? What is going on and what would be the outcome? Picture is shown for 30 seconds and they are asked to write it in 4 minutes. In the blank slide, they have to think a picture of their own choice and to write a story around that.
 - (ii) **Word Association Test (WAT).** In this test, a series of 60 words are shown to the candidates one after another for 15 seconds each. The candidate is required to write down the first thought or idea comes to his mind.

(iii) **Situation Reaction Test (SRT).** This test consists of 60 routine life situations regarding day to day activities. The situations are printed in a booklet and the candidate is asked to write his reactions by completing the sentences, as to how they would feel, think and act up these situations.

(iv) **Self Description-15 Mins.** Candidate is asked to write five separate paragraphs on each context about the opinion of his parents/guardian, friends, teachers/ superiors.

(c) **Day -3. GTO-Day 1** This includes the following:-

(i) **Group Discussion.** Two topics of common interest (social issues and current events) are discussed. It is an informal discussion and not a debate. Each topic is allotted 20 minutes each. No definite conclusion is required to be deduced.

(ii) **Group Planning Exercise(GPE).** It comprises of five stages viz, explanation of the model, reading of the narrative by GTO, five minutes for self reading by candidates, 10 minutes for individual written solutions and 20 minutes for group discussion. Narration of the group solution and definite conclusion is required.

(iii) **Progressive Group Tasks(PGT).** It is the first outdoor task. A set of four obstacles with progressively increasing level of difficulties are to be completed in 40 to 50 minutes. Structures, helping material and load are provided to the group.

(iv) **Group Obstacle Race(GOR).** In this task the group is pitched against each other over a set of six obstacles with a snake like load to carry.

(v) **Half Group Task (HGT).** It has one obstacle similar to progressive group task with helping material and load to be carried. Group is divided into two Sub Groups and assigned the same obstacle in turn in such a way that when one group is working, the other is not allowed to watch it. Time allotted to each sub group is 15 minutes.

(vi) **Lecturette.** It is an individual task and the candidate is required to give a short talk to the group. Three minutes are allowed to prepare any chosen topic from the four given in the Lecturette Cards for the talk.

(d) **Day – 4. GTO –Day 2**

(i) **Individual Obstacles.** A Set of 10 obstacles is set to be tackled individually. Obstacles are numbered from one to ten, denoting the points each one carries. Each individual will be given three minutes.

(ii) **Command Task.** Each individual is nominated as commander for one task consisting of one obstacle similar to the Progressive Group Task Time given is 15 minutes.

(iii) **Final Group Task.** Task consisting of one obstacle similar to the progressive group task. Time given to complete this task is 15-20 minutes.

Interviews – Day 2 to 4

Personal interview conducted by Interviewing Officer (IO)

(e) **Day -5.** This includes the following:-

(i) Closing address by Deputy President of the Board.

(ii) Conference.

(iii) Announcement of results.

(iv) Dispersal.

DETAIL OF NAVAL SERVICE SELECTION BOARD

Indian Navy has three Service Selection Boards. The details of SSB`s and TeleFax number of Call Up Office are appended below:-

Ser No.	Name	Postal Address	Tele.No. Call Up Officer
(a)	12 SSB,Bangalore	The President 12 Services Selection Board Selection Centre South Cubban Road Bangalore- 560042	(Fax No. 080- 25587267)
(b)	33 SSB,Bhopal	The President 33 Services Selection Board Selection Centre Central Sultania Infantry Line Bhopal-462018	(Fax No. 0755- 2735980)
(c)	NSB,Agrani	The President Naval Selection Board INS Agrani	Toll Free-1800- 425-4599 Fax No- 0422-

RISK CERTIFICATE DULY SIGNED BY PARENT/GUARDIAN TO STATE

“CANDIDATE (NAME) ATTENDING SSB WITH PARENT’S/GUARDIAN’S CONSENT AND AT HIS OWN RISK (.) PARENT/GUARDIAN NOT ENTITLED TO CLAIM ANY COMPENSATION OR RELIEF FROM GOVERNMENT FOR INJURY SUSTAINED DURING SSB INTERVIEW”.