

iv) **PHYSICAL STANDARDS :**

States/UTs Regions	Height	Chest	Weight
Schedule Tribes Adivasis of all States and UTs including Nagas/Mizos	162.5 Cms	76-81 Cms	Proportionate to height and age as per Medical Standards
Men belonging to Hill areas of Garhwal, Kumaon, Himachal Pradesh, Gorkhas, Dogras, Sikkim , Leh & Ladhakh	165 Cms	78-83 Cms	-do-
Kerala, Karnataka, Tamilnadu, Maharashtra, Andhra Pradesh, Pondicherry, Lakshdweep, Goa, Daman & Diu	167.5 Cms	80-85 Cms	-do-
All other states & UTs	170 Cms	80-85 Cms	-do-