

**PG-525****MSY-3****M.Sc. DEGREE EXAMINATION – JUNE 2008.****(AY 2003-04 to CY 2005)****First Year****Psychology****HUMAN DEVELOPMENT AND HEALTH  
PSYCHOLOGY****Time : 3 hours****Maximum marks : 75****PART A — (3 × 5 = 15 marks)****Answer any THREE questions.****Each answer not to exceed 1 page.**

1. Explain basic concepts of development.
2. Give a note on principles of development.
3. Mention Physical fitness and energy level of old age.
4. How does 'self' develop?
5. Explain the techniques used to reduce emotional problems of childhood.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

Each answer not to exceed 4 pages.

6. Examine Physical changes during old age.
  7. Discuss the various stress coping strategies.
  8. Write a note on meaning and purpose of life.
  9. Explain the role of parents, peers and siblings in Personality Development.
  10. Elucidate the Psychometric approach?
  11. Examine Experimental method of studying Human Development.
  12. Describe Physical health during Adulthood.
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