

ISC SPECIMEN QUESTION PAPER FOR 2011 EXAMINATION

HOME SCIENCE

Paper 1

(THEORY)

(Three hours)

*(Candidates are allowed additional 15 minutes for **only** reading the paper.
They must NOT start writing during this time)*

*Answer **all** questions from Part I and **five** questions from Part II.*

All working, including rough work, should be done on the same sheet as the rest of the answer.

The intended marks for questions or parts of questions are given in brackets [].

PART I

Question 1

Answer briefly each of the following:

[10 x 2]

- (i) Why is not advisable to resort to violent boiling while cooking food?
- (ii) What is a 'trade mark'?
- (iii) Express the term 'Social Stress'
- (iv) State two effects of cooking on the pectin content of food.
- (v) Mention any two causes of food spoilage.
- (vi) List four safety methods that should be adopted at home to prevent falls.
- (vii) State the dimensions of adulthood.
- (viii) State any function of F.P.O.
- (ix) List any two important care measures that need to be taken for storing a woollen shawl.
- (x) Metanil yellow causes major health hazards. Enumerate any two such hazards.

PART II

Answer any **five** questions

Question 2

Meal planning is an art, which develops through inspiration and thought. In this context explain the following:

- (a) The importance of meal planning. [5]
- (b) Factors affecting meal planning. [5]

Question 3

Food preparation requires a sense of discrimination in the blending of flavours as well as of textures, colours and shapes. To attain this objective explain in detail:

- (a) The methods of cooking with their merits and demerits. [5]
- (b) Discuss changes during food preparation. (Colour, texture and flavour). [5]

Question 4

Preservation of food has become an extremely important branch of study. In this context:

- (a) Explain the principles of food preservation. [5]
- (b) The importance of food preservation. [5]

Question 5

Every homemaker needs to take time and make an effort to develop alertness in order to reduce the danger of accidents. In this context explain the following:

- (a) Safety measures that should be observed at home. [5]
- (b) Health hazards due to packaging. [5]

Question 6

The main purpose of consumer education is to ensure a better standard of living for the consumers. In this context explain:

- (a) The rights and responsibilities of a consumer. [5]
- (b) The requisites of a good label for consumer aid. [5]

Question 7

Adolescents need firm and friendly control by parents and adults. In this context explain:

- (a) Causes of delinquency. [5]
- (b) Discuss the role of parents and school teachers in solving adolescent problems. [5]

Question 8

There is a tendency to judge a person by the clothing he/she wears. In this context:

- (a) Give an account of the factors that may affect the selection of clothing. [5]
- (b) Discuss the importance of dressing up for different occasions. [5]

ISC SPECIMEN QUESTION PAPER - 2011

HOME SCIENCE

Paper 2 – PLANNING SESSION

(One hour)

Maximum Marks: 5

*This sheet is one part of the Question Paper containing two Questions. It gives you instructions regarding planning your work. Candidates are required to attempt **any one** question.*

*The other part of the Question Paper will be handed over to you during the **Examination Session**.*

*Candidates need to plan a complete menu during the **Planning Session**. Any **two** dishes from the planned menu (showing different methods of cooking) have to be cooked during the **Examination Session**.*

*Candidates would need to display their dishes prepared with a suitable setting during the **Examination Session**.*

*Candidates would also need to prepare a flower/floor decoration during the **Examination Session**.*

Attempt any *one* of the following questions:

[5]

Question 1.

- (a) Plan a packed lunch for an adolescent girl going on a train journey.
- (b) Display the dishes prepared.
- (c) Prepare a suitable rangoli / flower arrangement for a festival.

OR

Question 2.

- (a) Plan a meal for your Parents' Silver Wedding Anniversary dinner party.
- (b) Display the dishes prepared with a suitable table setting.
- (c) Prepare a floor decoration / flower arrangement to complement the dishes prepared.

Food tables and recipe books may be used both in the Planning Session and the Examination Session, but frequent reference to them must be avoided during the Examination Session.

This Paper consists of 2 printed pages.

Turn over

Make a carbon copy of the planning work.

- (i) Write down the dishes that you decide to make (try to choose familiar but interesting dishes which would give you scope to show your skills).
- (ii) Beside the dishes chosen, also indicate the quantities of the main ingredients required (a full recipe is not necessary).
- (iii) On a separate sheet, make a list of ingredients along with the total quantity of each item required. Remember to use carbon paper again.
- (iv) Complete the plan of work to show the order of working, the methods to be used, and the length of time required for cooking. Frozen, tinned and packaged foods (i.e. convenience foods) may be used with discretion, but enough work must be planned to show your skill.

Write your NAME and the INDEX NUMBER on your plan and list. Submit the plan and list along with rough notes, if any, you may have made to the Supervising Examiner. You **are not allowed to** take away the copy of your plan, list and any notes (other than your recipe books). You **should not** bring fresh notes for the Examination Session.

The original and the copy of the plan and list will be returned to you by the Examiner at the beginning of the Examination Session. **You will be expected to keep to your plan.**

At the end of the examination, the original plan and list are to be handed over to the Examiner.

You may retain your copy of the plan and list.

HOME SCIENCE
Paper 2 – EXAMINATION SESSION

(Three hours)

Maximum Marks : 15

*Candidates are required to cook **any two** dishes from the menu planned during the **Planning Session**, showing different methods of cooking and display the dishes prepared.*

Candidates are also required to prepare a flower/floor decoration.

Marks for the Examination Session will be awarded in the following manner:

Cooking	– 10 marks
Display/Table setting	– 3 marks
Flower arrangement/floor decoration	– 2 marks

Attempt any *one* of the following questions:

[5]

Question 1.

- (a) Prepare a packed lunch for an adolescent girl going on a train journey.
- (b) Display the dishes prepared.
- (c) Prepare a suitable rangoli / flower arrangement for a festival.

OR

Question 2.

- (a) Prepare a meal for your Parents' Silver Wedding Anniversary dinner party.
- (b) Display the dishes prepared with a suitable table setting.
- (c) Prepare a floor decoration / flower arrangement to complement the dishes prepared.

INSTRUCTIONS TO CANDIDATES:

Collect the ingredients for the planned dishes. With the help of the list you had submitted during the Planning Session, prepare any two dishes and display them along with a floor decoration / flower arrangement. Show the same to the Examiner.

This Paper consists of 1 printed page and 1 blank page.