Headquarters Recruiting Zone (North East States), Shillong has been entrusted with the mandate of recruitment of Junior Commissioned Officers(JCOs) and Other Ranks (OR) into the Indian Army from the states of Assam, Arunachal Pradesh, Meghalaya, Tripura, Manipur, Nagaland and Mizoram. It is responsible with planning, coordinating and conduct of recruitment rallies in the state. Six Army Recruiting Offices under its command, conduct the recruitment rallies in each State on its turn, contingent upon the consent and cooperation of civil administration to reach out to eligible candidates and ensure just, fair and equal opportunity to all.

It is our Dharma 'to select the best candidate' from those meeting the stipulated physical, medical and educational criteria. Fundamentals of the recruitment that we believe in are "SUCHANA, SUVIDHA AND SURAKSHA". Headquarters Recruiting Zone (North East States), Shillong undertakes all the measures to achieve transparency, fair selection, candidate friendly recruitment process and ensures credibility of the process. Open recruitment rally is conducted in front of the general public / media, manned by recruiting Teams each headed by a Director ARO, medical officers, observed by independent officers detailed by local army formation Headquarters to ensure just, equal, fair and credible recruitment process. This is to assure candidate continues to be apprised of his performance at each stages of the rally. Each enrolment of a soldier goes through after an honest involvement of 22 officers at various stages of the recruitment process. I would like to assure the environment, that the selection system is totally merit based and honest. There is no place for any agent or tout. It is our endeavour to curb and eradicate the nefarious activities of the touts by constantly and continuously scrutinising, reviewing and updating our drills and procedures.

The website has been designed to provide in depth details of our procedure for recruitment opportunities and various intake criteria, schedule of rallies, jurisdiction of ARO's etc.For any queries contact the dependent Army Recruiting Office for clarification.

COME JOIN THE FINEST ARMY OF THE WORLD BE A PROUD INDIAN

ELIGIBILITY CRITERIA TO JOIN INDIAN ARMY AS SOLDIER FOR NORTH EAST STATES

Ser no	Category	Age	Educational Qualification
1	Soldier (General Duty) (All Arms)	17 ^{1/2} -21Yrs	 (a) 8th for Tribals of all North East States (b) 10th for Non Tribals of Assam, Meghalaya and Tripura
2	Soldier Clerk/Store Keeper Technical (All Arms)	17 ^{1/2} -23Yrs	10+2/Intermediate exam pass in any stream(Arts,Commerce and Science) with 50% marks in aggregate and minimum 40% marks in each subject.Should have studied and passed English and maths/Accts/Book keeping in class 10 or 10+2 with 40% marks in each subject.In case of graduates with maths and English as subject in BSc,the stipulation of 40% marks in class X or XII is waived off.In case of graduate without English and maths/Accts/Book keeping. He should have more than 405 in English and maths/accts/book keeping at least once in class X or XII.
3	Soldier Tradesman (all Arms)	17 ^{1/2} -23Yrs	8 th for all candidates of North East States
4	Soldier (technical) (technical Arms,Artillery,Army Air Defence)	17 ^{1/2} -23Yrs	10+2/Intermediate exam Simple pass in Science with Physics,Chemistry,Maths and English.
5	Soldier Nursing Assistant(Army Medical Corps)	17 ^{1/2} -23 Yrs	10+2 /Intermediate exam pass in Science with Physics, Chemistry, biology and English with minimum 50% marks in aggregate and minimum 40% in each subject OR In case the candidate has a BSc degree with (Botany/Zoology/Bio-Science) and English, the stipulation of percentage in class-XII is waived off. However, the candidate should have studied all the four specified subjects in class XII also
6	SurveyorAuto Carto(Engineers)	20-25 Yrs	BA/BSc with maths.Must have also passed 12 th or equivalent with maths and Science as main subjects.
7	Junior Commissioned Officer Religious Teacher(All Arms)	27-34Yrs	Graduate in any discipline.In addition requisite qualification in his own religious denomination
8	Junior Commissioned Officer Catering(Army Service Corps)	21-27 Yrs	10+2 or equivalent exam and Diploma/Certificate course of a duration of one year or more in Cookery/Hotel Management and catering Tech from a recognized University/Food Craft Institute.AICTE recognition is not mandatory
9	Havildar Education	20-25 Yrs	GroupX-MA/MSc/MCA or BA/BSc/BCA with Bed GroupY-BA/BSc/BCA (w/o BEd)

Defence Services Corps

Eligibility for re-enrolment into DSC (OR)

- 1. Character should be Very Good/Exemplary.
- 2. <u>Service</u>. Should have a minimum of 05 yrs of colour service. For TA, person should have rendered 03 yrs embodied service with minimum attended seven (07) annual training camp.
- 3. <u>Med Cat</u>. SHAPE-1. Lab investigation for serum cholesterol, Blood Sugar (F & PP), Blood Urea & Creatinine, X-Ray Chest, ECG, Hb, TLC & DLC and Urine R E and Sp Graviied will be carried at the nearest MH.
- 4. Age . Max age for Re-enrolment into DSC for JCOs/OR is as under

S NO	Rank	Max age(yrs)	Age of superannuation in DSC (yrs)
(a)	Sep	48	55
(b)	Nk	48	55
(c)	Hav	48	55
(d)	Nb Sub/Sub	50	55
(e)	Sub Maj	52	57
(f)	Clk	50	-

- 5. Gap Between Discharge . 05 Yrs (between superannuation and joining DSC)
- 6. Cause of Discharge. The following causes of discharges are not eligible.
 - (a) Service no longer required.
 - (b) Unsuitable for further service.
 - (c) Unlikely to become an efficient soldier.
 - (d) Ineligible for further service.
- 7. Educational Qualification.
 - (a) Sep/Nk/Hav . Army Education Certificate-III
 - (b) Should <u>Not</u> belong to Assam Rifles, GREF, State Force, Burma Army Service, Defence Battalion Service, Canteen Corps Service, Jammu & Kashmir Militia Service and Para Military Forces.
 - (c) Should Not have been dismissed from service.
- 8. <u>Discipline</u> . Persons with not more than one red ink entry during the last five yrs of formal service and not more than three red ink entries during their entire formal services are eligible for recruitment into DSC.

9. Tests to be conducted.

- (a) PPT as applicable to the age in the Army be conducted for re- enrolment for Ex-Servicemen into DSC. The following tests will be conducted:-
 - (i) 2.4 Km run (ii) 100 Mtr sprint (iii) 5 Mtr shuttle (1 Min) (iv) Push Ups
 - (v) Bent Knee Sit Ups (vi) Chin ups
 - (b) Height/Weight/Chest will be applicable as per initial enrolment into the Army/Navy/Air Force.
- 10. <u>Incentives</u>. Preferably will be posted in their State or closer to the State.

Area of Responsibility of Army Recruiting Offices in Head Quarters Recruiting Zone(North East States)

S No	Rtg Office	AOR	CONTACT NO (IVRS)
(a)	RO (HQ) Shillong (10 Districts)	MEGHALAYA: East Khasi Hills, West Khasi Hills, Jaintia Hills, Ribhoi, East Garo Hills, West Garo Hills & South Garo Hills (07 Districts) ASSAM: Morigaon, Nagaon, Sonitpur (03 Districts)	0364-2500557
(b)	ARO Narangi (11 Districts)	ASSAM: Barpeta, Darrang, Kamrup, Nalbari, Kokrajhar, Dhubri, Goalpara, Bongaigaon, Udalguri, Chirang & Baksa. (11 Districts)	0361-2641985
(c)	ARO Jorhat (24 Districts)	ARUNACHAL PRADESH: West Siang, East Siang, Dibang Valley, Lohit, Tirap, Changlang, Lower Subansiri, Upper Subansiri, Tawang, East Kameng, West Kameng, Papumpare, Upper Siang, Kurung Kamai, Lower Dibang Valley, and Anjaw Hawai (16 Districts) ASSAM: Jorhat, Tinsukia, Sibsagar, Dhemaji, North Lakhimpur, Dibrugarh, Golaghat, & Karbi Anglong (08 Districts)	0376-2310830
(d)	ARO Silchar (08 Districts)	ASSAM: Cachar, Karimganj, Hailakandi & North Cachar Hills (04 Districts). TRIPURA: West Tripura, North Tripura, South Tripura & Dhalai (04 Districts)	03842-260177
(e)	ARO Rangapahar (20 Districts)	NAGALAND: Kohima, Phek, Mon, Zunheboto, Wokha, Mokokchung, Dimapur, Tuensang, Pren, Kephere and Longleng (11 Districts) MANIPUR: Imphal, Ukhrul, Bishnupur, Thoubal, Churachandpur, Tamenglong, Senapati, Chandel & Imphal West (09 Districts)	03862-249170
(f)	ARO Aizawl	All districts of Mizoram	0389-2350141

SPORTS

- 1. The Army is keen to recruit sportsmen of merit. For this the following entry schemes are available:-
 - (a) Direct entry as Naib Subedar.
 - (b) Direct entry as Havildar.
 - (c) As a Soldier.
- 2. Physical and Medical Standards . The candidates must conform to the prescribed physical and medical standards as applicable for normal recruitment in the Army. Dispensation if any granted to deserving candidates by competent authorities on case to case basis is as under:-
- 3. Relaxation in Physical Standards.

Height	2 Cms
Chest	3 Cms
Weight	5 Kgs

- 4. Eligibility Criteria for Naib Subedar.
 - (a) Age limit . 17 years 6 months-24 years.
 - (b)<u>Education</u> . Minimum qualification-matriculation or equivalent. Dispensation may be given to meritorious sportsmen on case to case basis. However the sportsmen must fulfill all the conditions for enrolment in a trade or category where higher educational standards are required.
- 5. The list of Games and Sports which are recognised for the above entry is given in the table below.

Athletics	Archery	Basketball	Boxing	Cricket
Cycling	Football	Golf	Gymnastics	Handball
Hockey	Judo	Kabaddi	Kayaking and Canoeing	Rowing
Shooting	Squash	Swimming	Taekwondo	Tennis
Vollyball	Wrestling	Fencing		

- 6. The selection will be made from out of those who have achieved any of the following standards in any of the sports and games specified above .
 - (a) Winner of any medal in senior National championship / National games duly recognised by the Sports Authority of India and Ministry of Sports.
 - (b) Winner of gold medal at Junior National Championship.
 - (c) In case of team events, the individual should have been a member of the National team or playing member of the finalist team in the senior National championship/ National games.

The competent authorities to issue certificates considering validity for achivements of sportsmen will be president of secretary of the concened national sports federation affiliated to Indian Olympic Association.

7. Period of Probation and Conditions of Discharge.

Period of Probation. Three Years.

THE MINIMUM QUALIFICATION that must be fulfilled by a directly enrolled Nb Sub sportsmen for retention in service is as under:-

- (a) Should have represented the Services team at least twice in three years in National championship events.
- (b) Should have represented the Services team in National championship at least twice in three years in individual events or should have won any medal at least once in National championship in three years.

8. Eligibility Criteria for Havildar.

- (a) Age limit . 17 years 6 months-23 years
- **(b)** <u>Education</u> . Minimum qualification-matriculation or equivalent. Dispensation may be given to meritorious Sportsmen on case to case basis. However the sportsmen must fulfill all the conditions for enrolment in a trade or category where higher educational standards are required.

Athletics	Archery	Basketball	Boxing	Cricket
Cycling	Football	badminton	Gymnastics	Handball
Hockey	Judo	Kabaddi	Kayaking and Canoeing	Rowing
Shooting	Weight Lifting	Swimming	Taekwondo	Tennis
Vollyball	Wrestling	Table Tennis	Equestrian Sports	Karate
Ball Badminton	Kho-Kho	Fencing		

- 9. The selection will be made from out of those who have achieved any of the following standards in any of the sports and games specified above.
 - (a) Represented a state or Country in National or International Competitions either at Senior or Junior level.
 - (b) Represented their University in the Inter University Tournaments conducted by the Inter university Sports board.
 - (c) Represented the State School Teams in the National Sports or Games for Schools conducted by the All India Schools Games Federation.
 - (d) Represented the district team in the State sports conducted by the States Sports Federation

The competent authorities to issue certificates considering validity for achivements of sportsmen will be president of secretary of the concened national sports federation affiliated to Indian Olympic Association.

10. Period of Probation and Conditions of Discharge .

<u>Period of Probation</u>. One Year. Individuals will be liable to discharge from Military Service if they fail to achieve the requisite standards

11. Eligibility Criteria for Soldier (Sportsmen Category).

- (a) Age. As applicable for various types of Soldier entries like Soldier GD/Tradesmen/Clerk/Store Keeper Technical/Tecnical and Nursing Assistant
- (b) <u>Educational Qualification</u>. As applicable for various types of Soldier entries like Soldier GD/Tradesmen/Clerk/Store Keeper Technical/Tecnical and Nursing Assistant
- (c) Relaxation in Physical Standards.

Height	2 Cms
Chest	3 Cms
Weight	5 Kgs

- (d) <u>Physical Fitness and Medical Test</u>. The individual has to qualify the physical fitness test like one mile run, nine feet ditch, zig-zag balance pull ups and the Medical test to sit in the Common Entrance Exam.
- (e) <u>Bonus Marks</u>. The candidates who qualify the written exam are awarded some bonus marks in recognition of their sports achievements in SoldierGD/ Tradesmen/Clerk/Store Keeper Technical/Tecnical and Nursing Assistant.
- (f) List of Games and Sports which are recognised for entry are specified below.

Athletics	Archery	Basketball	Boxing	Cricket
Cycling	Football	badminton	Gymnastics	Handball
Hockey	Judo	Kabaddi	Kayaking and Canoeing	Rowing
Shooting	Weight Lifting	Swimming	Taekwondo	Tennis
Vollyball	Wrestling	Table Tennis	Equestrian Sports	Karate
Ball Badminton	Kho-Kho	Fencing		

- (g) The selection will be made from out of those who have achieved any of the following standards in any of the sports and games specified above and earned first/ second position .
 - (i) Represented a State or Country in National or International Competitions either at Senior or Junior level.
 - (ii) Represented their University in the Inter University Tournaments conducted by the Inter university Sports board.

Note:- The validity period of sports certificate produced by the candidate will be two years on the date of screening for both individual/team sports i.e. the individual should have taken part in these sports events within two years prior to date of screening.

Headquarters Recruiting Zone, Shillong will not be resesponsible for any discrepancy in the data. For exact details the candidates should contact their nearest ARO.

BEWARE OF TOUTS

Recruitment process is open, fair and transparent. Selection is purely on merit and capability of the candidate. Do not fall prey to the touts .They can not help you in any way.

CERTAIN WAYS THE TOUTS FOOL THE CANDIDATES, WE COME TO KNOW THEM THROUGH THE CANDIDATES WHO WERE THEIR VICTIMS.

- 1. Choosing of a Likely Victim. Before a tout takes money from a candidate, he checks the candidate thoroughly. Normally the boy is physically fit with no med problems and would in all probability be good in studies. Such a candidate will pass on his own steam. In such a case, the tout takes the credit. The recruiting organization gets bad name. If the candidate gets rejected, the tout returns the money or at least a major part of it. The boy is also happy, because if the tout could not get the work done, he has returned the money. 'Thora paisa nahi wapas kiya. . . . who neechey walon ko khilane pilane main lag gaya. Sahab ne kaha hai ki agli rally main dekh lenge. Is baar bahut sakhti thi'. Now how was that!
- 2. <u>People in the Rtg Org are well known to me</u>. In the middle of a rect rally, a totally unknown indl will come up to you and make a deliberate effort to shake hands with you claiming to be an ex-servicemen. Mind you, he may have onlookers watching this act of his. He capitalizes only on this shake hand.
- 3. Wear this coloured Banian /Shorts, I've told the people concerned. They won't ask you anything but will know that you are my man.
- 4. When you go for the interview of the Director Recruiting, say 'Namaste' or touch his feet. He will understand.
- 5. You just pass the run. I will get the rest of it done.

And many more we learn in each rally. After all, learning is an unending process...

Caution. Be extremely careful of the people you know very well. Be it an officer, JCO or may be your own driver or helper. They could be using your name.