

PG-255**MSY-3****M.Sc. DEGREE EXAMINATION – JUNE 2009.****First Year****Psychology****(AY 2003–04 to CY 2005 batches only)****HUMAN DEVELOPMENT AND HEALTH
PSYCHOLOGY****Time : 3 hours****Maximum marks : 75****PART A — (3 × 5 = 15 marks)****Answer any THREE questions.****Each answer not to exceed 1 page.**

1. What is health psychology?
2. What are the principles of development?
3. Explain gerontology and its scope.
4. Explain Piagets stages of cognitive development.
5. Explain the role of siblings and peers on personality development.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

Each answer not to exceed 4 pages.

6. How is data collected for the study of human development?
7. What are the stages of human development? Explain.
8. Elucidate the changes that occur with old age.
9. What are the problems faced by adolescents? Explain.
10. Explain the models of stress and suggest techniques of coping with it.
11. What is quality of life? Discuss.
12. What is health and fitness? Explain.
