

National Defence Academy (NDA) Entrance Examination : Eligibility

c) The minimum acceptable height is 157.5 cms. (162.5 cms for Air Force) F

Height and weight standards are given below :

Height/Weight Standards for Army/Air Force			
<b>Table-I</b>			
Height in Cms. (Without shoes)	Weight in Kgs.		
	16-17 years	17-18 years	18-19 years
152	42.5	44	45
155	43.5	45.5	47
157	45	47	48
160	46.5	48	49
162	48	50	51
165	50	52	53
167	51	53	54
170	52.5	55	56
173	54.5	57	58
175	56	59	60
178	58	61	62
180	60	63	64.5
183	62.5	65	66.5

Height/Weight Standards for Navy			
<b>Table-II</b>			
Height in Cms. (Without shoes)	Weight in Kgs.		
	16 years	18 years	20 years
152	44	45	46
155	45	46	47
157	46	47	49
160	47	48	50
162	48	50	52
165	50	52	53
167	52	53	55
170	53	55	57
173	55	57	59

175	57	59	61
178	59	61	62
180	61	63	64
183	63	65	67

A  $\pm$  10% (A  $\pm$  6 Kg for Navy) departure from the average weight given in the table 1 above is to be considered within normal limit. However, in individuals with heavy bones and broad build as well as individuals with thin but otherwise healthy this may be relaxed to some extent on merit.

**Note 1 :** Height relaxable upto 2.5 cm (5 cm. for Navy) may be allowed where the Medical Board certifies that the candidate is likely to grow and come up to the required standard on completion of his training.

**Note 2 :** To meet special requirement as a pilot in the Air Force the acceptable measurements of leg length, thigh length and sitting height will be as under :—

	Minimum	Maximum
Leg Length	99.00cms.	120.00 cms.
Thigh Length	—	64.00 cms.
Sitting Height	81.50cms.	96. 00 cms.