

Health & Physical Education Question Pattern Class XI

Unit	MCQ (1 Mark)	Short Answer (1 Mark)	Descriptive Answer (8 Marks)	Total
Unit – I Concept & History of Physical Education	Answer Four Questions, One from Each Unit No. of Question = 1 (no Alternative) Marks = 1X1 = 01	Answer Four Questions, Choose one alternative from Each Unit. No. of Question = 2 (Choose one for answering) Marks = 1X1 = 01	Answer Four Questions, One from Each Unit. If alternative is there choose any one. Any two Unit will have alternative. No. of Question = 1 or 2 (Choose one if alternative is there) Marks = 8X1 = 08	No. of Q. Max-5 Min-4 Total Marks -10
Unit – II Health Education	No. of Question = 1 (no Alternative) Marks = 1X1 = 01	No. of Question = 2 (Choose one for answering) Marks = 1X1 = 01	No. of Question = 1 or 2 (Choose one if alternative is there) Marks = 8X1 = 08	No. of Q. Max-5 Min-4 Total Marks -10
Unit – III Scientific Basis of Physical Education	No. of Question = 1 (no Alternative) Marks = 1X1 = 01	No. of Question = 2 (Choose one for answering) Marks = 1X1 = 01	No. of Question = 1 or 2 (Choose one if alternative is there) Marks = 8X1 = 08	No. of Q. Max-5 Min-4 Total Marks -10
Unit – IV Management of Physical Education Program	No. of Question = 1 (no Alternative) Marks = 1X1 = 01	No. of Question = 2 (Choose one for answering) Marks = 1X1 = 01	No. of Question = 1 or 2 (Choose one if alternative is there) Marks = 8X1 = 08	No. of Q. Max-5 Min-4 Total Marks -10
No. of Question	04	08 (Answer Any Four)	06 (Answer Any Four)	Total Marks -10 Grand Total Marks - 40