

AUGUST 2007

[KR 1011]

Sub. Code : 4702

B.Sc. (Nursing) DEGREE EXAMINATION.

**New Regulation for the candidates admitted from
2006-07 onwards**

First Year

Paper II — NUTRITION AND BIOCHEMISTRY

Time : Three hours

Maximum : 75 marks

**Descriptive : Two hours and
forty minutes**

Descriptive : 55 marks

Objective : Twenty minutes

Objective : 20 marks

Answer ALL questions.

SECTION A

(NUTRITION)

I. Essay :

**1. Define BMR and explain the factors affecting BMR
in detail. (15)**

II. Short notes : (3 × 5 = 15)

(a) Goitre

(b) Pellegra

(c) Classification of amino acids.

SECTION B

(BIOCHEMISTRY)

I. Essay Question :

**1. Classify lipids. Write in detail about the functions
of phospholipids. (15)**

II. Short notes : (2 × 5 = 10)

(a) Glucose Tolerance Test

(b) Vitamin C.

FEBRUARY 2008

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Q.P. Code : 664702

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forty minutes**

Objective : Twenty minutes Objective : 20 marks

Answer ALL questions.

Answer Section A and Section B Separately.

SECTION A

(NUTRITION)

I. Essay :

**Write the RDA for a pregnant woman and plan a
day's menu for a pregnant woman who is suffering from
anaemia. (15)**

II. Short notes : (3 × 5 = 15)

- (a) Scurvy.**
- (b) Anthropometric measurement.**
- (c) Principles of meal planning.**

SECTION B

(BIOCHEMISTRY)

I. Essay :

**What is the normal fasting blood glucose level?
Explain how the blood glucose level is regulated. (15)**

II. Short notes : (2 × 5 = 10)

- (a) Essential amino acid.**
- (b) Enzymes of clinical importance.**

August-2008

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Answer ALL questions.

Answer Section A and Section B separately.

SECTION A

(NUTRITION)

- I. Essay : (1 × 15 = 15)
- (1) Explain the principles and methods of cooking and serving
- II. Write short notes on : (3 × 5 = 15)
- (1) Iron.
- (2) Food groups.
- (3) Assessment of nutritional status.

III. Short answer questions : (5 × 2 = 10)

- (1) List out the basic five food group plan.
- (2) List out two functions of carbohydrates.
- (3) Enlist two properties of fat.
- (4) List two functions of proteins.
- (5) Write the classification of proteins.

(3) Name the clearance tests used to assess the renal function.

(4) Name the anti-egg white injury factor and which vitamin is inhibited from absorption.

(5) Classify the enzymes.

SECTION B

(BIOCHEMISTRY)

I. Essay : (1 × 15 = 15)

(1) Describe the process of glycolysis. Explain how many ATP molecules are formed in anaerobic and aerobic glycolysis.

II. Write short notes on : (2 × 5 = 10)

(1) Describe the deficiency manifestation of thiamine.

(2) Phenylketonuria.

III. Short answer questions : (5 × 2 = 10)

(1) Name two reducing disaccharides.

(2) Name the two conditions in which blood sugar level is raised.