

MARCH 2009

[KU 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY - 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. Define stress. Explain psychological adaptation to stress. Discuss nurse's role in the management of stress.
2. Discuss briefly normal reaction and problems related to pregnancy and puerperium. How do you manage these problems? Write a note on premarital counseling.

II. Write Short Notes on :

(7 x 5 = 35)

1. Mental Health and Mental illness.
2. Neuro psychiatric disorders.
3. Cognitive development theory.
4. Assertive training.
5. Components of self concepts and its manifestations in low self- esteem.
6. Mental status examination.
7. Electro convulsive therapy.

SEPTEMBER 2009

[KV 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY – 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. Discuss in detail about the role of the nurse in electro convulsive therapy.
2. How will you establish, maintain and terminate a therapeutic nurse patient relationship.

II. Write Short Notes on :

(7 x 5 = 35)

1. Mental status examination.
2. Neurotransmitters.
3. National mental health programme.
4. Side effects of anti psychotics.
5. Standards of psychiatric nursing practice
6. Sullivan's interpersonal theory.
7. Therapeutic impasses and its management.

MARCH 2010

[KW 421]

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M.Sc (Nursing) DEGREE EXAMINATION

First Year

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Paper IV – CLINICAL SPECIALITY – 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. a) Define theory. **(2)**
b) Enumerate the types of theory. **(6)**
c) Explain the cognitive development theory in detail. **(12)**
2. a) Explain the normal reaction to conception, pregnancy and puerperium. **(5)**
b) Problems related to conception, pregnancy and puerperium. **(7)**
c) Counselling process in premarital, marital and genetic – write in detail. **(8)**

II. Write Short Notes on :

(7 x 5 = 35)

1. Occupational therapy.
2. Explain about the documentation process in problem - oriented recording and focus charting.
3. Effect of herbal medicine on mental health.
4. Psychoanalytic's theory - Freud's.
5. Standards of psychiatric nursing.
6. Explain the stress management.
7. Implications for nursing in psychobiology.

SEPTEMBER 2010

[KX 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY – 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. a) Define Stress.
 - b) Explain the stress as a Biological response and environmental event.
 - c) Apply the Nursing theory in stress management.

2. a) Explain communication process in detail.
 - b) Techniques and Therapeutic attitudes of communication.
 - c) Barriers of communication.

II. Write Short Notes on :

(7 x 5 = 35)

1. Explain the role of the Nurse in promoting self-esteem.
2. Erikson theory.
3. Role of the Nurse in Psychopharmacological therapy:
 - i) Mood stabilizers
 - ii) Anti-Anxiety agents.
4. Mental status examination.
5. Use of Yoga in mental health.
6. Classification of mental illness:- ICD.
7. Behavioural therapy.

APRIL 2011

[KY 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY – 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 100 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. Mr. Arul 25 years got admitted at Acute condition with severe psychotic features
 - a) Define communication.
 - b) Explain how will you communicate with the patient and the family members.

2. Mr. Anil 35 years old get admitted with Psychiatric features for the chemical management.
 - a) Classify Neuroleptics.
 - b) Explain Antipsychotics including pharmaco dynamics and pharmaco kinetics.

II. Write Short Notes on :

(10 x 6=60)

1. Interpersonal theory.
2. ICD-10.
3. Therapeutic community.
4. Individual therapy.
5. Mood stabilizer.
6. Self esteem.
7. Counselling.
8. Critical pathway of care.
9. Neurological assessment.
10. National mental health programme.

October 2011

[KZ 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

FIRST YEAR

(Regulations for candidates admitted from 2008-2009 Session onwards)

PAPER IV – CLINICAL SPECIALITY – 1

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

**Time : 3 hours
(180 Min)**

Maximum : 100 marks

Answer ALL questions in the same order.

I. Elaborate on :

	Pages (Max.)	Time (Max.)	Marks (Max.)
1. a) Define therapeutic nurse-patient relationship and explain the conditions essential for development of it.	15	40	20
b) Discuss in detail about various phases of relationship and the tasks associated with each phase.			
2. a) Define behaviour therapy.			
b) Discuss in detail about various techniques used to modify the patient's behaviour.	15	40	20

II. Write notes on :

1. Circadian Rhythms.	3	10	6
2. Sullivan's Interpersonal Theory.	3	10	6
3. Rights of mentally ill.	3	10	6
4. Concept mapping in psychiatric nursing.	3	10	6
5. Use of pet therapy in mental health.	3	10	6
6. Occupational therapy.	3	10	6
7. Mini mental status examination.	3	10	6
8. Non therapeutic communication techniques.	3	10	6
9. Psycho analytic therapy of Freud's.	3	10	6
10. Standards of psychiatric nursing.	3	10	6

[LA 421]

MAY 2012

Sub. Code: 2328

**M.Sc (Nursing) DEGREE EXAMINATION
FIRST YEAR**

(Regulations for candidates admitted from 2008-2009 Session onwards)

PAPER IV – CLINICAL SPECIALITY – 1

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

**Time: 3 hours
(180 Min)**

Maximum: 100 marks

Answer ALL questions in the same order.

I. Elaborate on:

**Pages Time Marks
(Max.) (Max.) (Max.)**

- | | | | |
|--|----|----|----|
| 1. Mr. Felix 30 years old admitted with the complaints of catatonic feature. Psychiatrist suggests physical treatment along with the neuroleptics. | | | |
| a) Define E.C.T. with historical perspectives. | 17 | 40 | 20 |
| b) What are the indication and contra indications? | | | |
| c) How E.C.T. works? Explain with side effects complications with nurse's role. | | | |
| 2. Discuss briefly normal reaction and problems related to pregnancy and puerperium. How do you manage these problems? Write a note on pre-marital counseling. | 17 | 40 | 20 |

II. Write notes on:

- | | | | |
|---|---|----|---|
| 1. Psycho-social development. | 4 | 10 | 6 |
| 2. Anxiolytic agents. | 4 | 10 | 6 |
| 3. Milieu therapy. | 4 | 10 | 6 |
| 4. Family therapy. | 4 | 10 | 6 |
| 5. Autonomic nervous system. | 4 | 10 | 6 |
| 6. Psychological adaptation to stress and management. | 4 | 10 | 6 |
| 7. Application of techniques that promote assertive behaviour. | 4 | 10 | 6 |
| 8. Psycho immunology and its implications for psychiatric illness. | 4 | 10 | 6 |
| 9. Application of appropriate alternative system of medicine in mental health problems. | 4 | 10 | 6 |
| 10. Nurses role in behavioural therapy. | 4 | 10 | 6 |
